



Compass Discipleship Training Information

Concourse Adult TCK Ministry is partnering with Compass Ministries. The Adult MK ministry of Compass Ministries (+Compass) is offering online training based on their in-person Home Group model in Tampa, Florida. The online training is open to any Adult TCK.

+Compass seeks to create a Christ-centered healing community to come alongside TCK/MKs as they grow and mature. With the support of the community, TCK/MKs can be given:

- A safe place to grow and mature
- Discover who they are in Christ and heal traumas that prevent them from integrating.
- Tools and access to resources to help them thrive and serve

Dates/Timing of the Training:

- Every other Wednesday starting January 17 and ending May 22, 2024
- Two Hours: 7-9 pm Eastern

Training Platform:

- Concourse & Compass Kumospace Virtual Lounge
- Sign up here:
<https://barnabasinternational.regfox.com/kumospace-virtual-lounge>

Registration Deadline:

- Friday, January 5, 2024
- Digital materials/manual will be sent to via email

Cost:

- \$60 (this includes other benefits and discounts)
- A scholarship is available for those with financial considerations (see the link)
- Optional book purchase: *Life Model: Living Out of the Heart that Jesus Gave You* by Jim Wilder

The Training:

- Format
 - Eating dinner together, if possible (depending on time zones)
 - Check-in with each other
 - Equipping/Teaching Time
 - Journaling
 - Practical application exercises (small groups/big group exercises)
 - Set up how to connect during the two weeks between meetings
- Material
 - Life Model theory and application (this is based on the book by Jim Wilder, *Life Model: Living Out Of The Heart that Jesus Gave You*)
 - Attachment style and Inner healing concepts as a lifestyle
 - Sitting at the feet of Rabbi Jesus (using first-century community concept to foster organic discipleship)
 - Beatitudes (practical theology)

Note on the Life Model from author James Wilder:

"People need to know who they are. They also need to be reminded who they are frequently by those who love them and really know them. And they need to repair so that they can live from the hearts Jesus gave them. That is what it takes to achieve wholeness in a fractured world. It takes belonging to a community. It takes a whole lot of work in the area of maturity. It takes God's hand to boost people when they are stuck, and it takes a lifetime. There are many essential components to becoming whole. Belonging to a family, receiving and giving life, recovering from the effects of traumas, and contributing to a community. These are a few factors that help people learn who they really are. But when there are deficiencies in any of these areas, people remain stuck and do not learn to live from their hearts- their true God-given identities."

(James Wilder, *The Life Model: Living From The Heart That Jesus Gave You* (Pasadena, Ca: Shepherd's House, Inc., 2010)